

SEX EDUCATION PROCEDURE

Equal Opportunities in Sex Education

Sex Education should be relevant and accessible to all students within the school. It should take consideration of the students whose religious beliefs, culture, maturity or sexual orientation are in the minority and must ensure that there is gender dimension to all sex education work. It should emphasize equality in relationships between men and women. Above all, students should be encouraged to learn the value of all people and respect the differences between them.

Students with Learning Difficulties

- Students with learning difficulties are often more vulnerable to exploitation and abuse. They may need more help in learning what sorts of behaviour are and are not acceptable, and may need warning to be prepared against unacceptable behaviour by adults.

Within our programme we will:

- ensure that the content of the sex education programme is sufficiently differentiated
- help students to understand appropriate behaviour

Students with Physical Disabilities

These children may have individual special needs depending on their disability. Part of their sex education will include:

- helping them to live with the challenge of their disability;
- identification of individual issues
- helping parents and carers to support their children's sexual health and well-being

The Organisation of the School's Sex Education

APAUSE Sex and Relationships Education

As a part of their Personal, Social and Health Education and Citizenship studies students will be involved with the Added Power And Understanding in Sex Education (A PAUSE) programme. APAUSE has been developed from original research at the Department of Child Health, Exeter University and has now been successfully adopted in approximately 200 schools across England and Wales.

APAUSE sessions will be delivered by our own teachers with visiting health professionals who have received specialist training on a programme which aims to help young people develop better communication in relationships. APAUSE encourages healthier behaviour in relationships including contraception, sexually transmitted infections and responsibilities within relationships.

APAUSE programme does not *encourage* young people to experiment in sexual activity. It is an enabling programme supporting young people in their decision to delay intercourse until a time when they are less likely to regret it. It is important to inform young people about the choices they have in relationships, help them resist peer pressure and given them the confidence to make informed decisions about sex and relationships in their own lives.

Effective and open sex and relationships education in schools is key to reducing teenage conceptions as part of a multi-faceted approach involving doctors, nurses, teachers and other professionals working with young people.

APAUSE supports schools in their delivery of *effective* Sex and Relationships Education and helps schools to meet the requirements of:

- School Policy,
- DfES Sex and Relationships Education Guidance,
- OfSTED recommendations.
- National Healthy Schools Standard;
- PSHE & Citizenship framework;

The Subject Leader of PSHE will be responsible for the planning and delivery of the schools sex education programme. Those involved in teaching PSHE will be responsible for delivering some elements of the programme. Visitors from Health Promotion, health professionals and from the Youth Trust will support all teaching. A small group of Year 12 and 13 students will undertake training with the APAUSE project to deliver 4 peer led sessions to year 9, the class teacher will also be present. The science department will be responsible for teaching the National Curriculum Requirements for their subject (see page 21 Sex and Relationship Education Guidance- DFEE July 2000)

The content for each year group will be as follows:

Year 9

- Forming relationships – friendship groups, bullying, developing self- esteem, stereotyping and prejudice
- Contraception
- Body matters – safe negotiation, peer pressure, self confidence
- Self-esteem/communication
- The law

Year 10:

- Sexually transmitted infections
- HIV/AIDS
- Teenage pregnancy – introducing parenting
- Marriage and the family – a multicultural approach
- Increase awareness of support groups in and out of school available to students
- Developing techniques for resisting pressure in situations that could threaten safety and well-being
- Testicular and Breast Cancer detection.
- Contraception from a Religious Perception.

Year 11:

- Contraception – recap information so that students can make informed safe choices
- Parenting – marriage and the family, roles and responsibility in bringing up children
- Encouraging students to take responsibility for their health and developing their own self confidence
- Moral issues e.g. abortion, genetic engineering, Homosexuality

The resources that we intend to use are:

Videos – Lifeschools, P is for Parenting, Abortion – Whose decision? A suitable Girl – arranged marriages, Schoolgirl Mums, A Million Teenagers-Sexually Transmitted Diseases, The Gill and Mark Story- Aids, Johnny Condom. A-Z of Sex – Channel 4

Leaflets available are: Boys-Looking Ahead! Girls' Looking Ahead! (Brooks publications) 4BOYS, 4GIRLS and Periods- what you need to know (Family Planning Association) 'Condoms, Pills and Other Useful Things' (AVERT) 'Helping you to Understand your teenager' IWC.

Worksheets are selected from 'Sex Education' The Chalkface Project'; Talking STDs –Somerset Health Authority; Lifelines 3,4,5 Collins Educational; The babies-'Baby Think it Over Project'; 'Education for Parenthood' -The Children's Society; The APAUSE project Materials – lesson plans and questionnaires

Resources used by visiting speakers:

Contraceptive pack, condoms, model penis, pelvic floor and model breasts. Slides on Sexually transmitted infections.

The methods of delivery used will be:

Outside speakers, role-play, discussion, videos, circle time and the use of work sheets.

Sex Education is taught within the PSHE programme. At present the students have 5 lessons in the Autumn term and 3 in the Summer Term in year 9. In year 10 they have 4 lessons in the Spring term and 8 in the Summer term. In year 11 the students have 3 lessons. We are working towards a total of 8 lessons in year 9, 10 in Year 10 and 5 lessons in year 11. The school liaises with middle school staff and agree the content so that material is introduced at an appropriate level and material is suitably revised and reinforced at regular intervals.

Confidentiality

Confidentiality within a classroom group will be negotiated so that sensitive and difficult issues can be raised and shared with the knowledge that the discussion is contained within that group and not taken away from the context of the classroom. Staff will never promise complete confidentiality and they will explain that if a pupil is at risk, some information will have to be shared in order to support the pupil. The Students will be told why, when and to whom information is passed.

Information will be made available regarding local and national agencies and organisations, which young people can turn to for confidential help and advice.

Ground rules for class discussion will always be set at the start of a lesson and will include

- no one will have to answer a personal question
- no one will be forced to take part in a discussion
- only the correct names for body parts will be used

The health profession has different guidelines about confidentiality – unlike teachers, they do not have to pass on information talked about by students. In situations where the health professional thinks that an adult should be made aware of the issue, every effort will be made to encourage the student to talk to a parent/ carer or a member of staff in school.

Procedures for the involvement of outside agencies and visitors

At present the school invites the Health Professionals in to contribute towards the delivery of the topics of relationships, contraception and women's/men's issues.

The Challenge team is invited in to school each year to deliver a theatre-based presentation about Chastity. Representatives from the Youth Trust are invited to talk to the Year 11 students about contraception and the service they offer to young people. Support is available to students via the Youth Trust or the 'drop in sessions' provided by the school nurse.

Parental Withdrawal Procedures

Parents have the right to withdraw their child from aspects of the sex education programme not identified within the National Curriculum. Parents have to specify which aspects of the programme they wish their child to be removed from.

Complaints Procedure

Any parent or child who has a complaint about the sex education programme is encouraged to raise the issue with the appropriate teacher/subject leader for PSHE or the Headteacher where their concerns will be sympathetically heard.

Procedure to adopt in the event of disclosure of sexual abuse

Carisbrooke has a named Child Protection Co-ordinator (Mrs A Gough) who is responsible for co-ordinating information and actioning child protection procedures to support vulnerable young people within the school community. In the event an incident is disclosed to a member of staff, this member of staff should report it immediately to Mrs Gough. Similarly, if a member of staff is the subject of inappropriate sexual language or behaviour by a student this should be reported immediately to Mrs Gough too.

Working with Parents

- There will be an information evening for parents where staff and those outside agencies involved will be available to discuss the content of the programme and the resources used. Information will also be available for parents about how they can support and talk to teenagers about the issues covered in school. This will take place in the summer term and will be open to parents of students in Year 8, 9 and 10. Parents of year 8 students will be invited as part of the induction process. This information evening will take place on a 2 yearly basis. It will take the format of speakers used for the information sessions being invited in and putting on a display stand for parents to view and ask questions should they wish to.
- Parents will be notified at the start of the year about the timing of the delivery of information to students and an outline of the material to be covered.
- A summary of the content and organisation of the sex education provided at Carisbrooke will be published in the school prospectus.

Dissemination of the Policy

The school prospectus will include an entry and will state that the policy is available to parents on request. The policy and procedure will be available on the school's website. The teacher of the student, then the subject leader in PSHE and where the situation needs further attention, the headteacher, will deal with any questions, concerns or queries.

Monitoring and Evaluation

- Students will be asked to complete a questionnaire at the end of each year.
- The coordinators of the APAUSE project will conduct their own evaluation and report back to us to aid further planning.
- Discussion with the Youth Trust and the facilitators of the 'Drop in' sessions regarding questions that are coming up regularly that could be relevant to everyone and should be covered in the lessons.
- Any relevant reports/comments from OFSTED.